

CBD for Dogs Serving Size



How much CBD Should I Give My Cat/Dog?

It's a great question and the one we hear the most! [CBD is still pretty new](#) to many people, including many of our [four-legged friends](#).

For both dogs & cats, a good rule of thumb is to start with 1-2mg for every 10 pounds of weight

If you're using [our CBD Oils](#), remember that they come in different concentrations. The amount listed on the label is the total amount of CBD in the whole bottle and *not* a per-dose amount. So, for example, one 30ml bottle of [600mg CBD](#) Hemp Oil contains 600 total milligrams of CBD, with each 0.25ml dose delivering 5mg of CBD, or enough for a 50 lbs. pup.

Use above CBD Dosage Chart to find the perfect amount for your pet!

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CBD Serving Size Chart

WEIGHT (pounds)	STARTING (CBD)	MEDIUM (CBD)	HIGHER (CBD)
10	1 mg	2mg	3mg
20	2mg	4mg	6mg
30	3mg	6mg	9mg
40	4mg	8mg	12mg
50	5mg	10mg	15mg
60	6mg	12mg	18mg
70	7mg	14mg	21mg
80	8mg	16mg	24mg
90	9mg	18mg	27mg
100	10mg	20mg	30mg
110	11mg	22mg	33mg
120	12mg	24mg	36mg
130	13mg	26mg	39mg
140	14mg	28mg	41mg
150	15mg	30mg	45mg

We recommend 1-3 mg per 10 pound of weight for dogs

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How Long Does it Take CBD to Start Working?

CBD takes 30-45 minutes to start working. As a rule, oils tend to kick in a little faster than biscuits or treat just because there are fewer ingredients for furry bellies to break down first. But there's no difference in effectiveness between the two.

How Long Does CBD Last For?

Each dose—whether from oil or biscuits—lasts from 4-8 hours. That's a big spread, we know, but the duration can vary a lot depending on your pet's size, activity level, breed, and the severity of their symptoms. But as a good rule of thumb: older pups tend to take longer than younger ones to digest food.

In Conclusion - Every dog and cat is different. They come in all shapes & sizes. That's what we love about them! But it does mean that when it comes to CBD, there's no one-size-fits-all solution. It might take some experimenting to find the right amount to give your own fuzzballs. That's okay—CBD is safe & natural, so no worries if your pet gets a little more or less than needed while you figure things out.